

CHILD WELFARE POLICY DOCUMENT





■ Child Welfare Policy

IRISH RUGBY FOOTBALL UNION Declaration of Intent

I, _____

**Date
of Birth** ___/___/___
(day / mth. / year)

of _____
(Club/ Association)

Hereby, acknowledge that I have received a copy of the IRFU Child Welfare Policy Document. I also acknowledge that I have read this document and hereby declare my intention to adhere to the IRFU's Child Welfare Document and Policies regarding Child Welfare in the IRFU. I will also support initiatives by the IRFU; Irish Sports Council & Sport NI on matters relating to Children's Sport in Ireland.

Signed _____

Date _____

Received on ___/___/___
(day / mth./ year)

by _____
(Club Child Welfare Officer)

All age grade volunteers (coaches/ managers/referees and/or any team assistants) to receive a copy of the Child Welfare document and after reading the document sign this page and hand it to the Club Child Welfare Officer for record keeping in the club.

All age grade volunteers (coaches/ managers/referees and/or any team assistants) working in Northern Ireland or in clubs affiliated to the IRFU Ulster Branch must adhere to the requirements as specified by the IRFU Ulster Branch and Sport NI. (Information & requirements available from the IRFU Ulster Branch.)

It is important to note that clubs are responsible for the recruitment and screening of volunteers & therefore must have suitable policies in place.

■ Emergency Contact List for Coaches

Club Doctor _____

Contact number _____

Hospital on call _____

Contact number _____

Physiotherapist _____

Contact number _____

Police Station _____

Contact number _____

Health Board _____

Designated Officer _____

Contact number _____

Youth Coordinator _____

Contact number _____

Club Secretary _____

Contact Number _____

Children's Officer _____

Contact number _____

Checklist

Have a mobile phone or call card/ change.

Know where the nearest phone is and the accessibility.

Ensure you have a first aid bag.

Stop the activity.

Send for help/ notify the doctor.

Stay with the injured participant.

Keep the participant warm.

Notify the parent(s) or guardian(s).

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■ Policy & Code

(IRISH RUGBY FOOTBALL UNION)

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01 Policy

¹ The Code of Ethics of the Irish Sports Council defines Sports Leaders as including “all adults involved in children’s sport”.

² “Young people” are called “Age Grade Players” by the International Rugby Board (“IRB”) and “Age Grade Players” is the term used by the IRFU in this Code.

³ Available at www.irishsportsCouncil.ie/code and www.sportni/documents/2.code_of_ethics.

The IRFU is committed to the enjoyment of rugby by young people. It values and encourages the participation of parents, guardians, teachers, “Sports Leaders”¹ and volunteers in the participation of young people² in rugby activities.

The fundamental policy of the IRFU is to respect the dignity and rights of each individual Age Grade Player. The IRFU will strive throughout its organisation and spheres of influence to promote create and maintain safe environments for Age Grade Players.

The IRFU expects those involved with age grade rugby to publicise, adapt and supervise the implementation of the following code. The IRFU has committed itself to monitoring and enforcing this code where reasonably possible.

02 Mandatory Code

The policies and requirements in this Code are expected to be complied with by all branches, clubs (including schools) which the IRFU support or which voluntarily subscribe to this Code. All requests from the National Child Welfare Officer to adhere to, comply with or furnish evidence relating to this Code must be fulfilled promptly. Guidelines will be published and updated to assist in the application and interpretation of these requirements. The Sports Councils’ Code of Ethics should be used where the IRFU has not published specific guidelines³.

03 Definitions

4 Available at www.irishrugby.ie/

5 This is the definition used in the Sports Councils' Code.

3.1

Abuse

includes physical abuse, emotional abuse, bullying, neglect & sexual abuse as described in the "IRFU Guidelines".

3.2

Age Grade Player

a player who is a member of an Age Grade Team.

3.3

Age Grade Team

a team of players which is regulated by reference to the dates of birth of the players.

3.4

Association of Referees

the Connaught Association of Referees, the Ulster Society of Rugby Football Referees, the Munster Association of Referees or the Association of Referees of the Leinster Branch.

3.5

Branch

means a branch of the IRFU.

3.6

Branch Child Welfare Officer

is a person appointed by a Branch to implement the directions of the "National Child Welfare Officer" & to follow the policy for Age Grade Players of the IRFU.

3.7

Club

means a club (or school) affiliated to the IRFU.

3.8

Club Child Welfare Officer

is a person appointed by a Club to implement the directions of the National & Branch Child Welfare Officers and to follow the policy for Age Grade Players of the IRFU.

3.9

Gym

includes a "weight-room".

3.10

IRFU

means the Irish Rugby Football Union.

3.11

IRFU Guidelines

the IRFU Guidelines for Working with Children⁴.

3.12

National Child Protection Officer

is the person appointed by the IRFU Executive Committee to advise the IRFU in relation to this Policy & Code.

3.13

National Child Welfare Officer

is the person appointed by the IRFU Executive Committee to implement the policy & decisions for Age Grade Players of the IRFU.

3.14

Parents

includes guardians.

3.15

Referee

a person who is a member of an Association of Referees recognised by the IRFU.

3.16

Sports Councils' Code

the Code of Ethics and Good Practice for Children's Sport as published by the Irish Sports Council and Sport Northern Ireland and available at www.irishsportsCouncil.ie/code and www.sportni/documents/2_code_of_ethics.

3.17

Sports Leaders

all adults involved in children's sports⁵.

3.18

Statutory Authorities

in the Republic of Ireland the Health Service Executive and An Garda Síochána ("Gardaí") & in Northern Ireland the Health and Social Care Trust & the Police Service of Northern Ireland ("PSNI").



04 Principles

4.1

The safety, health, general welfare and dignity of each Age Grade Player must be respected.

4.2

Sports Leaders in rugby must consider the safety, health, welfare and dignity of Age Grade Players to be paramount and superior to all other considerations.

4.3

The enjoyment of rugby by each Age Grade Player should be pursued as an objective.

4.4

It is the role and responsibility of every officer and member of a branch, club and school together with the IRFU to ensure that the spirit of this policy and the IRFU Guidelines are promoted, implemented and monitored successfully.

4.5

The IRFU, branches and clubs should review this Code and their child protection procedures between the 1st June and 31st of August of each year.

05 Compliance

5.1

The IRFU has a National Child Welfare Officer and a National Child Protection Officer who shall be appointed on an annual basis with full power and authority to implement, resource and supervise compliance with this Code and the Sports Councils' Code.

5.2

Compliance with this Code and the Sports Councils' Code will be monitored by the IRFU.

5.3

The IRFU is committed to providing personnel and assistance for courses and training dealing with compliance issues arising from this Code.

5.4

The IRFU intends to issue periodic Certificates of Compliance with this Code on request from clubs following a period of induction.

5.5

The IRFU will publish evidence of compliance and alleged breaches of this Code for the benefit, protection and information of Age Grade Players and their parents where it is permissible and reasonable.

5.6

The existing disciplinary, complaints and appeals procedures of the IRFU will be regularly updated to accommodate the implementation and enforcement of this Code.

06 Promotion

⁶ See the suggested procedures of the Department of Health & Children in "Our Duty to Care" at section 6. www.dohc.ie/publications

Each club (including school) shall promote the interests of Age Grade Players and particularly by:

6.1

Appointing each year one Club Child Welfare Officer who shall have the primary aim of establishing a child centred ethos.

6.2

Ensuring that the Club Child Welfare Officer will liaise with the Statutory Authorities concerning allegations or suspicion about abuse of an Age Grade Player.

6.3

Defining the roles of Officers, Committees, Sports Leaders, Employees, and Parents for Age Grade Players.

6.4

Developing and following procedures for protecting the interests of Age Grade Players.

6.5

Publishing prominently information about their plans to follow this Code and the Sports Councils' Code for easy access by Sports Leaders, Members, Employees, Age Grade Players and their Parents.

6.6

Providing in a planned manner, training and information meetings for everyone associated with Age Grade Players about this Code.

6.7

Promoting contact with representatives of the Statutory Authorities to contribute to and learn about child protection issues, best practices and recommended procedures.

6.8

Ensuring that this Code and the Sports Councils' Code is adopted and followed by its organisation and members.

07 Medical

7.1

Appropriate medical assistance and equipment shall be available whenever Age Grade Players are playing or training for the game.

7.2

Effective procedures for responding to and recording injuries, incidents and treatments must be developed and maintained⁶.

7.3

A parent should be notified as soon as possible following an injury or incident.

7.4

Under no circumstances may an Age Grade Player be allowed to train or play rugby contrary to medical advice.

7.5

Procedures for using and recording medication prescribed for an Age Grade Player must be established and followed.

7 This Code of Conduct may be accessed at www.irishrugby.ie

8 See IRFU Guidelines for Working with Children.

9 Unless the complaint relates to that person in which case the National Child Welfare Officer must be informed.

10 See Para. 5.12.1 and Appendix 12 of the Sports Councils' Code.

8.1

No coach should be appointed or retained for Age Grade Players unless the coach:

- (a) Has a qualification appropriate to the level of the players concerned;
- (b) Has subscribed to the IRFU's Code of Conduct for Coaches of Age Grade Players which is part of the IRFU Long Term Development Programme⁷;
- (c) Is adequately resourced and supported;
- (d) Maintains and furnishes such records and evidence as specified by the IRFU.

8.2

Referees for matches involving Age Grade Players must subscribe to the rules and procedures laid down by an Association of Referees recognised by the IRFU.

8.3

No pitch, premises or equipment may be used which is unsafe for Age Grade Players.

8.4

Proper instruction and supervision should be given to Age Grade Players using a gym with records kept.

9.1

Complaints or suspicions of abuse⁸ relating to an Age Grade Player wherever and whenever arising must be reported to the relevant Branch Child Welfare Officer⁹ without delay who must take immediate steps to safeguard the Age Grade Player and to refer the complaint or suspicion of abuse to the Statutory Authorities¹⁰ and to the National Child Welfare Officer.

9.2

Procedures for making, investigating and determining complaints about abuse (including confidentiality conditions) should be prescribed in writing, published so that they are readily available to everyone and followed as soon as possible upon receipt of a complaint.

9.3

A Sports Leader against whom a complaint relating to abuse of an age grade player is made to one of the Statutory Authorities should stand aside as a Sports Leader until after the relevant determination has been made.

9.4

The National Child Welfare Officer must be notified by the relevant Branch Child Welfare Officer of all allegations of abuse relating to a Sports Leader or Employee and all questions from the National Child Welfare Officer must be answered immediately.

9.5

It is not the role of the person who conveys a complaint or suspicion about abuse of an Age Grade Player to determine the guilt or innocence of the accused but every complaint must be made and acted upon without delay.

10 Sports Leaders & Employees

11 See paragraph 3.5 of the Sports Councils' Code and section 3 of "Our Duty to Care" published by the Department of Health & Children and available at www.dohc.ie/publications and the guidance publications of the Volunteer Development Agency available at www.volunteering-ni.org/inform/public.

12 Para 4.1 on p. 29 of the Sports Councils' Code and the IRFU Guidelines for Working with Children are available at www.irishrugby.ie.

13 Available at www.irishrugby.ie and see also the Guidelines for Sports Leaders at paragraph 4.1 of the Sports Councils' Code.

14 www.irishrugby.ie; www.irishsportsCouncil.ie; www.sportni/documents; www.volunteering-ni.org/inform/public.

15 See paragraphs 4.4 of the Sports Councils' Code.

10.1

All Sports Leaders and employees who may have unsupervised access to Age Grade Players must commit and follow the requirements and best practice for Sports Leaders and employees who have unsupervised access to young people¹¹.

10.2

The Sports Councils' Guidelines for Sports Leaders and the IRFU Guidelines for Working with Children should be studied regularly by all Sports Leaders and followed by them¹².

10.3

Sports Leaders and Employees with unsupervised access to young people must when requested by the IRFU, their branch, club, school or employer:

- (a) Participate in education and training relating to their activities with Age Grade Players;
- (b) Remain competent to provide safe and rewarding experiences for Age Grade Players;
- (c) Publicise and explain this Code and the IRFU Guidelines for Working with Children by giving information and courses to other Sports Leaders, Employees, Officers, Members, Age Grade Players and their parents¹³.
- (d) Submit to and follow the IRFU "Guidelines for Working with Children".

11 Educating Parents & Children

Branches and clubs (including schools) should:

11.1

Advise parents about the IRFU Guidelines and the Guidelines published by the Sports Councils¹⁴ and of parents' duties in particular.

11.2

Educate Age Grade Players about their rights and obligations as described in the Sports Councils' Code¹⁵.

11.3

Seek and enforce where possible the observance of this Policy and Code by Age Grade Players and their parents.

12 Management Practices

16 Paragraph 2.7 and Chapter 3 of the Sports Councils' Code particularly.

17 IRFU Guidelines and Recommendations "Sports Supplements and Young Rugby Players". www.irishrugby.ie

18 See paragraph 5.2 of the Sports Councils' Code.

19 See paragraph 5.3 of the Sports Councils' Code.

12.1

All branches and clubs (including schools) must retain records for its :

- (a) Age Grade Players;
- (b) Employees;
- (c) Sports leaders

and keep records concerning them in accordance with the procedures and forms suggested by the Sports Councils' Code and "Our Duty to Care" published by the Department of Health & Children.

12.2

The terms of engagement for Sports Leaders, the Branch Child Welfare Officer, the Club Child Welfare Officer and Committees involved with Age Grade Players must be reviewed every season.

12.3

Management for branches and clubs (including schools) shall promote best practice for Age Grade Players by following the recommendations of the IRFU and the Sports Councils' Code¹⁶.

13 Long Term Effects

13.1

All branches and clubs (including schools), Sports Leaders and Age Grade Players:

- (a) Must not promote, condone or use sports supplements contrary to the IRFU Guidelines and Recommendations, "Sports Supplements and Young Rugby Players"¹⁷;
- (b) Must participate in the education of themselves and others about the detrimental effects of using substances taken to enhance performances¹⁸.

13.2

Active measures should be taken to minimise psychological stress, burnout and drop out of Age Grade Players¹⁹.

13.3

Functions and facilities of whatever kind attended by Age Grade Players must be managed in a manner which recognises the potential detrimental effect of alcohol.

13.4

It is a priority to ensure that the culture and practices on premises associated with rugby and to which Age Grade Players are exposed will prevent and discourage alcohol abuse.

14 Supervision

20 Supervision; see Part 4 of the Sports Councils' Code for guidelines.

21 See www.accessni.gov.uk

14.1

The IRFU Guidelines for working with children concerning transport, ratios of adults to Age Grade Players for supervision, away trips and hosting must be followed.

14.2

Transfers of Age Grade Players to other clubs or schools, and the retirement or loss of Age Grade Players, should be monitored and details furnished to an Age Grade Officer at regular intervals.

14.3

Discipline of Age Grade Players should have regard to the good practice advised in the Sports Councils' Code.

14.4

Using images, photographs or references to Age Grade Players on camera, video, telephone, websites or in publications must accord with the IRFU Good Practices on Photographic, Video and Audio equipment.

14.5

Responsible and secure use of mobile phones by Sports Leaders and Age Grade Players should be encouraged, prescribed if necessary and enforced whenever required.

15 Vetting

Branches and clubs (including schools):

15.1

Must educate themselves and their officers about checking:

- (i) Employees and Sports Leaders with Access (NI)²¹;
- (ii) Employees and Sports Leaders in the manner directed by the National Child Welfare Officer.

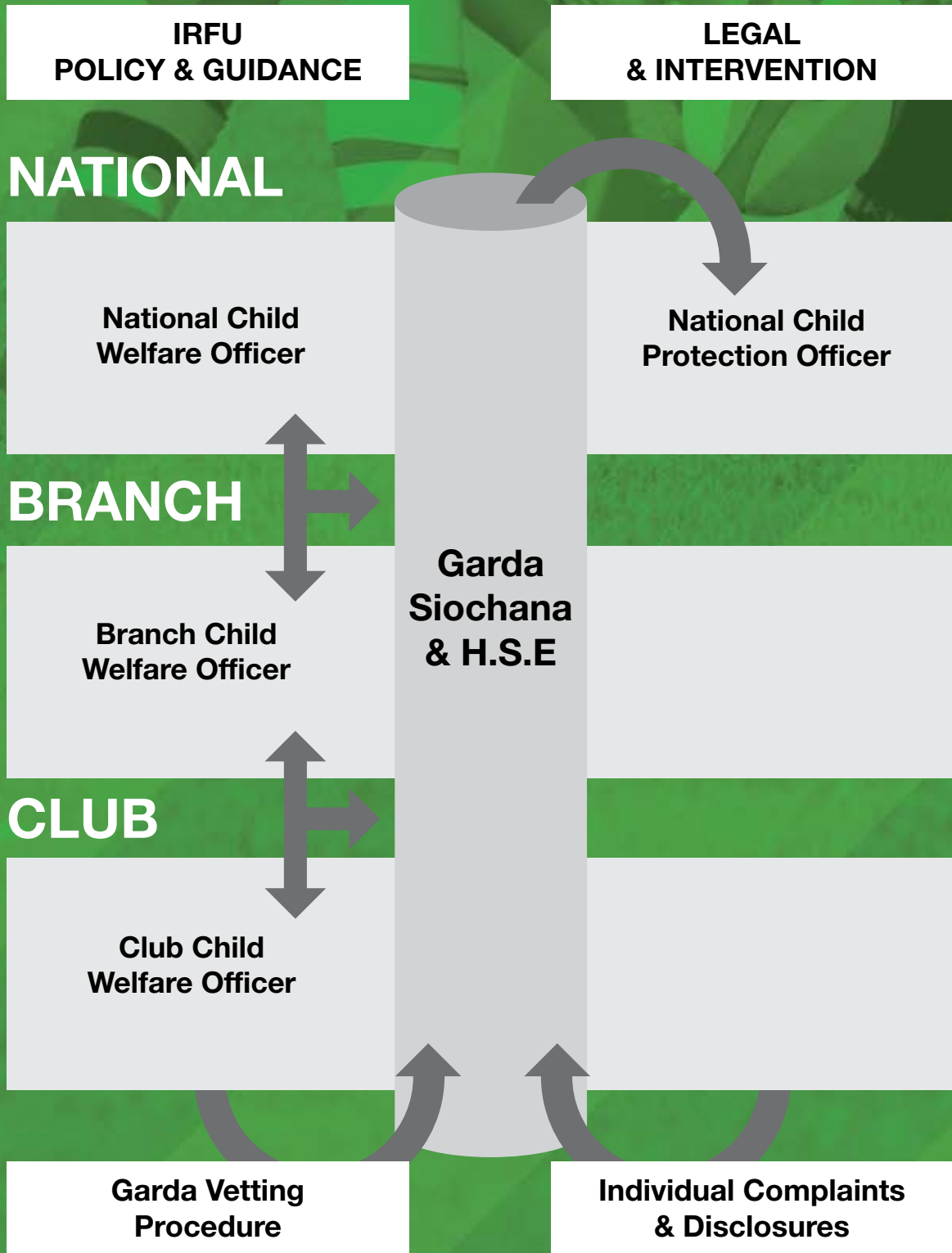
15.2

Must notify the National Child Welfare Officer without delay of the criminal record and convictions (for violence, abuse or neglect of children and related offences) of each of its employees and Sports Leaders.

15.3

Must follow the directions of the IRFU concerning any employee or sports leader.

IRFU CHILD WELFARE





■ Childrens Officers

01 Definitions

02 Objectives

03 Roles and Responsibilities

Club Child Welfare Officer

Branch Child Welfare Officer

National Child Welfare Officer

National Child Protection Officer

01 Definitions

¹ See Policy and Code, Section 3, 'Definitions'.

² Particularly if it is considered appropriate to establish a reward system for effective implementation of IRFU requirements by Clubs.

The IRFU Child Welfare Policy identifies four roles which come under the heading of 'Children's Officers'.

Definitions as follows¹:

1 National Child Protection Officer is the person appointed by the IRFU Executive Committee to advise the IRFU in relation to this Policy and Code.

2 National Child Welfare Officer is the person appointed by the IRFU Executive Committee to implement the policy and decisions for Age Grade Players of the IRFU.

3 Branch Child Welfare Officer is a person appointed by a Branch to implement the directions of the National Child Welfare Officer and to follow the policy for Age Grade Players of the IRFU.

4 Club Child Welfare Officer is a person appointed by a Club to implement the directions of the National and Branch Child Welfare Officer and to follow the policy for Age Grade Players of the IRFU.

These officers operate within their respective spheres of influence at National, Branch and Club level to implement the Policy and Code and to procure the best possible compliance within the IRFU with the Guidelines for Best Practice ('the Guidelines').

02 Objectives

The main objectives in defining the roles of the Children's Officers are to ensure that:

1 The IRFU has available a clear channel of communications outwards of IRFU requirements and advice in respect of the Policy and Code and the implementation of the Guidelines.

2 The persons associated with the IRFU, including players, parents/guardians of players, Sports Leaders, Club Officers and Clubs, operate within a structure which ensures that their needs are met with.

3 Due regard is paid to the Policy and Code and implementing the Guidelines.

4 The IRFU has available to it a structure within which incidents of concern regarding Age Grade Players and the persons working with them are brought speedily to the attention of the relevant officials, and appropriate action is taken.

5 The IRFU has available to it a structure which permits monitoring of compliance with the Policy and Code and implementation of the Guidelines².

03 Roles & Responsibilities

⁴ This will require the keeping of records where required by the Union, for example as to coaching qualifications (Policy and Code, Section 10), management practices (Policy and Code, Section 12) etc.

⁵ Policy and Code, Section 9 regarding reporting requirements.

Club Child Welfare Officer

A Club Child Welfare Officer will:

1
Act at all times in the best interests of Age Grade Players.

2
Be intimately familiar with the provisions of the Code and Policy and the Guidelines and with such further information and requirements as may be provided or put in place by the IRFU.

3
Communicate with the appropriate Branch Child Welfare Officer on any matter on which the Club Child Welfare Officer considers it necessary to do so, or any matter in relation to Age Grade Players on which the advice or directions of the Union are required .

4
Receive from the Branch Child Welfare Officer advice, information and directions from the IRFU concerning Age Grade Players and act accordingly.

5
Inform their Clubs of requirements made by the IRFU concerning Age Grade Players.

6
Ensure that they are in a position to respond accurately and promptly to queries from the IRFU as to the welfare of Age Grade Players in their club generally or in relation to any specific incident which may occur⁴.

7
Be the contact person in the club for the Statutory Authorities regarding the welfare of Age Grade Players who are members of the club⁵.

Branch Child Welfare Officer

A Branch Child Welfare Officer will:

1
Act at all times in the best interests of Age Grade Players.

2
Be intimately familiar with the provisions of the Code and Policy and the Guidelines and with such further information and requirements as may be provided or put in place by the IRFU.

3
Ensure that each club within the relevant Branch has in place a Club Child Welfare Officer and maintain a record of the contact details for each such Officer.

4
Provide information & training to Club Child Welfare Officers as required by the IRFU.

5
Communicate with the National Child Welfare Officer on any matter on which the Branch Child Welfare Officers considers it necessary to do so or any matter in relation to Age Grade Players on which the advice or directions of the IRFU are required.

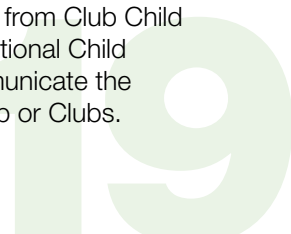
6
Receive from the National Child Welfare Officer advice, information and directions from the IRFU concerning Age Grade Players and act accordingly.

7
Ensure that they are in a position to respond accurately and promptly to queries from the IRFU regarding the welfare of Age Grade Players in their Branch.

8
Transmit requests for information/ queries from the IRFU to Club level & be responsible for submitting the responses to the IRFU.

9
Respond in the first instance to queries from Club Child Welfare Officers regarding the welfare of Age Grade Players.

10
Refer appropriate queries from Club Child Welfare Officers to the National Child Welfare Officer and communicate the response back to the Club or Clubs.



6 Policy and Code, Section 9.

7 Policy and Code, Section 9.

8 Policy and Code, Section 9.

National Child Welfare Officer

A National Child Welfare Officer will:

- 1**
Act at all times in the best interests of Age Grade Players.
- 2**
Be intimately familiar with the provisions of the Code and Policy and the Guidelines and with such further information and requirements as may be provided or put in place by the IRFU.
- 3**
Assist Branch Child Welfare Officers in organising the appointment and training of Club Child Welfare Officers.
- 4**
Receive reports from Branch Child Welfare Officers of incidents affecting the welfare of an Age Grade Player or Players⁶.
- 5**
Respond to queries from Branch Child Welfare Officers regarding the welfare of Age Grade Players.
- 6**
Liaise with the National Child Protection Officer regarding the welfare of Age Grade Players and in particular regarding specific incidents which affect the welfare of an Age Grade Player or Players.
- 7**
Liaise with the Statutory Authorities on any incident regarding the welfare of an Age Grade Player or Players⁷.
- 8**
Communicate directly with the IRFU Executive Committee on all matters affecting the welfare of Age Grade Players.
- 9**
Advise the IRFU Executive Committee on matters affecting the welfare of Age Grade Players.

10

Liaise with the Sports Council of Ireland regarding the welfare of Age Grade Players.

National Child Protection Officer

The National Child Protection Officer will:

- 1**
Act at all times in the best interests of Age Grade Players.
- 2**
Be intimately familiar with the provisions of the Code and Policy and the Guidelines and with such further information and requirements as may be provided or put in place by the IRFU.
- 3**
Liaise with the National Child Welfare Officer regarding the welfare of Age Grade Players.
- 4**
Communicate directly with the IRFU Executive Committee on all matters affecting the welfare of Age Grade Players.
- 5**
Receive reports from the National Child Welfare Officer regarding any specific incident which affects the welfare of an Age Grade Player or Players⁸.
- 6**
Advise the IRFU Executive Committee on matters affecting the welfare of Age Grade Players.



■ Guidelines for Best Practices in Clubs

- 01** Administration & Regulations
- 02** Substances & Substance Abuse
- 03** Bullying
- 04** Hosting a Match or Event at Your Club
- 05** Photographic Equipments & Mobile Phones
- 06** Supervision & Safety
- 07** Travelling with Age Grade Players
- 08** Volunteers & Recruitment
- 09** Reporting Abuse

01 Administration & Regulations

Once a commitment to the IRFU Child Welfare Policy has been enshrined within a club's constitution, then all rules and regulations will stem from this. The way we work with children, how we behave around them and our attitudes towards them will contribute to the way young people feel about themselves.

An examination of existing structures, rules and regulations should help provide a framework for creating and maintaining a child-centered approach within the club.

Committees

Age Grade Committee members should ideally sit for a fixed period of time (3 Years) to encourage a regular turnover of the committee members.

The committee should have a mix of experienced and new members.

Ensure committee members have clearly defined roles and responsibilities and that members operate only within these roles. Avoid situations where one or more members operate in isolation from the committee.

A database of record keeping should be established that allows confidentiality, but continuity between changing committee members.

List a calendar of meetings and circulate to clubs and all members in advance of the season.

Members should sign an annual membership form that includes signing up to the IRFU Child Welfare Policy Document.

List in the rules and regulations of the Club, the complaints, disciplinary and appeals procedures that members should also sign up to.

Rules and Regulations

Always have appropriate adult /child ratios (review this with insurance company).

List all procedures for away trips for age grade members.

Members under 18 years of age must be encouraged to wear protective gear (check IRB web site: www.irb.com).

Members under 16 years of age should not play on more than one team in any one season without prior parental or guardian consent.

List any criteria for selection to squads; regional, provincial and national.

Rules relating to Sport Leaders (please note the following is a non-exhaustive list. Regard should be had to 4.1 Irish Sports Council “Code of Ethics and Good Practices for Children’s Sport”:

Always try to work with other adults present and avoid situations where you are alone with individual children.

Identify aspects of necessary physical contact e.g. scrum and tackle. Let parents know of these conditions so that behaviors cannot be misinterpreted.

Ensure that travel arrangements are set out in advance and known by all. Where possible, leaders should not travel alone with children.

Where mixed teams compete away from home, ensure the group is accompanied by at least one male and one female adult, preferably a parent.

Always ensure the well being and safety of the players at all times.

Avoid

Spending too much time with any one participant away from others.

Taking young people on journeys alone.

Taking young people to your home.

Taking sessions alone if at all possible.

Never

Engage in rough physical or sexually provocative games including horseplay.

Share a room with a child alone.

Permit or engage in any form of inappropriate touching.

Permit children to use inappropriate language unchallenged.

Make sexually suggestive comments to a child.

Allow allegations made by a child to go unrecorded and not acted upon.

Do things of a personal nature that a child can do for themselves.

Agree to meet a player on your own.

Undertake any form of therapy (hypnosis etc.) while training young people.

Exert due influence over a child in order to obtain personal benefit or reward.

Procedures for clubs

Each club should have clear procedures for responding to reports or concerns relating to the welfare and safety of children.

Clubs should ensure that all procedures regarding safety in sport for children must be available and visible to all members in the club.

All sports leaders, children, parents/guardians should be aware of how to report and to whom concerns should be reported within the club.

Copies of the Child Welfare Policy document and its accompanying leaflets for Parents, Coaches and Club Committees should be widely distributed within clubs.

Copies of the Statutory Authority guidelines should be available in all Clubs.

Everyone involved in child welfare matters should be aware of their responsibility to work in co-operation with the statutory child protection authorities.

02

Substances & Substance Abuse

Alcohol

Alcohol and alcohol advertising is part of everyday life. Young people are not only influenced by trends and peer pressures but are also exposed to constant alcohol advertising.

These advertisements seek to make the consumption of alcohol acceptable and trendy and therefore making the awareness of the pitfalls of alcohol consumption more difficult. Adults should ensure young people are aware of the dangers of alcohol abuse.

Considerations

Establish a written policy regarding alcohol and the Age-Grade players in the club.

Ensure Age-Grade players know when they are allowed or not allowed in the bar areas of the club.

Limit the opportunities where Age-Grade players could be exposed to alcohol.

Support IRFU and Government policy on under-age drinking.

Support all programmes in the community to prevent under-age drinking.

Be aware of legislation regarding the use of alcohol and young people.

Find out about the availability of alcohol to under-age players in the community.

Educate players about the dangers of alcohol use, addiction and abuse.

Teach young people

What the law is regarding under-age drinking.

Not to travel in a car with any one who has taken any alcohol.

Not to participate in "drinking games".

To be able to say "No" and refuse a drink.

The implications to health when consuming alcohol.

To be able to put a drink down if they don't want it.

That there is no quick way to sober up.

Drinking influences judgement.

Under-age drinking is against the Law.

Adults

Adults have a moral and legal responsibility to ensure that young players don't get involved in under age drinking.

Clubs must not supply alcohol to persons under 18 yrs of age, nor permit any person under 18 yrs of age to consume alcohol on rugby club premises.

All Clubs should have a clear written policy, visible to all visitors to the club, regarding the use of alcohol and under-age individuals.

Reasons why Alcohol is to be discouraged

Alcohol promotes fluid loss i.e. it has a diuretic effect on the body. Maintaining a state of hydration is important in order to function at one's best.

Alcohol consumption reduces the body's ability to replenish glycogen following training and playing and so has a negative impact on fuel recovery.

Alcohol has a vasodilatory affect on the body i.e. it keeps the blood vessels open. A bruised and injured body needs to be managed immediately. Proper management especially in the first 48 hours of incurring the injury is critical to the speedy return of the player to training and playing.

Alcohol intake is likely to facilitate increased bleeding and swelling and so it is to be avoided especially when the player is recovering following a game or when he is injured.

Alcohol consumption can affect reaction, balance and co-ordination.

Alcohol consumption generally occurs at night time. All players require sleep. It is during sleep that the body repairs damaged tissue. It is important not to deprive the body of this important sleep requirement.

Smoking

Smoking should be avoided by the Rugby player. Smoking is a serious health risk. It should play no part in a player's lifestyle.

Clubs must enforce statutory requirements in relation to smoking on the premises.

Drugs

Clubs must enforce statutory requirements in relation to prohibited substances and illegal drugs.

The consequences of drug taking, addiction and substance abuse may be fatal and every effort should be taken to ensure they play no part in a player's lifestyle.

All prescription medication must be utilized under appropriate medical supervision and due care and attention must be enforced when dealing with requirements relating to such medication.

Sports Supplements and the Young Player

Young rugby players should focus on good eating and drinking practices to support optimum performance. Fact sheets to support this are available through the IRFU at www.irishrugby.ie/eat2compete.

The use of protein supplements should not be recommended by schools, coaches, teachers or others involved in the training of young rugby players.

The IRFU strongly advises against the use of nutritional ergogenic aids, in particular creatine, in young rugby players under 18 years of age.

Young rugby players with medical conditions (for example diabetes, asthma, celiac disease and nutritional allergies) should receive appropriate medical and nutritional advice to assist their optimum performance.

The full leaflet on Sports Supplements and the Young Players is available on www.irisihrugby.ie/supplements.

03 Bullying

Types of bullying

(this list is non-exhaustive and serves only as a guide)
Name calling.

Spreading harmful rumours about others.

Exclusion from activities.

Intentionally isolating another person from conversation or during activity.

Threatening or intimidating behaviour.

Taking or damaging property or belongings.

Physical assault or causing physical harm.

Making a person do things they don't want to.

Threatening or abusive text messaging and or abuse through network sites on the internet.

Occurs between

Child to child - physical aggression, verbal bullying, intimidation, damage to property and isolation.

Adult to child - includes the repeated use of gestures or expressions of a threatening or intimidatory nature or any comment intended to degrade the child.

Child to adult - includes the use of repeated gestures or expressions of threatening or intimidatory nature by an individual child or group of children.

Dealing with bullying?

More extreme forms of bullying would be regarded as physical or emotional abuse and are reportable to Health Service Executive or An Garda Síochána or the PSNI.

It is the responsibility of the club to deal with bullying that may take place. Each club should have a clear policy on bullying which should be known to all members and will be implemented by all coaches and volunteers

in the club. Incidents must be dealt with immediately and should not be tolerated.

Suggestions for clubs

Ensure the safety and security of all their players at all times.

Support efforts in the community to combat bullying.

Support IRFU and Government's policies on the subject.

Encourage an awareness of what bullying is and how to avoid it.

Encourage a mature and measured attitude towards bullying so that age grade players know how to deal with it effectively.

Assure the victim that nothing is wrong with them and it is not their fault.

Establish if bullying takes place in the club and if required address the problem in the right manner.

Be committed to ensure the safety and security of all players.

Bullying in whatever form is not acceptable and will not be tolerated.

Have a clear written policy, visible in the club, preventing and dealing with bullying.

Strive to provide a place where

Name calling will not be tolerated.

No one suffers abuse of any nature.

No one is victimised.

Each member is supported and listened to.

All members are treated equally.

Solutions to problems are the concern of all.

■ Hosting a Match or Event at Your Club

To ensure players, management and spectators enjoy the experience when involved with a match it is important for clubs, when hosting fixtures, to ensure all arrangements are in place and that all involved are informed of these arrangements before the event.

Suggestions for hosting a match or event

Administration

Obtain permission from the Branch to play the fixture.

Inform the Club Management Committee of the match and of the facility requirements for the match.

Request Match Official(s) from the Branch Referee Association with sufficient notice.

Inform the visiting team of any arrangements or club protocol regarding their visit in the week leading up to the match.

Inform match official(s) in good time regarding postponement(s) or cancellation(s).

In the event of a competitive match the Youth Coordinator to inform the Fixture Secretary of the result of the match within the agreed time.

Medical

An individual with first aid experience/training should be in attendance.

If possible have a doctor present at the match.

The doctor should identify himself to the match official.

Inform the nearest hospital accidental and emergency department about the match.

If possible have an ambulance at the match, if not, ensure one can be contacted and arrive at the club in very little time.

Ensure ambulance access to the playing area.

A spinal board, hard neck collar & first-aid kit should be available in every medical room.

Ice bags to be available on the side line.

Medical room to be available with appropriate equipment.

Facilities

Ensure the clubhouse facilities are open to supporters and club officials.

Changing facilities must be open and clean for all participants.

Toilet and showers to be clean and available.

Post match refreshments should be sufficient, depending on the fixture and protocol involved for the match or competition.

The playing area should be clean, safe and marked for the match. Touch line flags and post protectors should be in place before the start of the match.

Inform both teams of the area allocated to the coaches, medical staff and replacements during the match.

Ensure no spectators are in the playing enclosure during the match.

Hosting Touring sides, The following to be in place

Consent from the IRFU and Branch (whom the host club is affiliated to), regarding the match and conditions of the match.

Consent from the Club Executive for the match to take place as well as the facility requirements and protocol involved.

Written application for match official(s) (from Branch Referee Association) informing them of the match.

Clarification of laws (prior to the visit) to be applied in the match.

Schedule and other requirements of the visitors to be supplied by the visiting team prior to arrival.

Medical requirements to be in place for the match.

Written consents must have been exchanged between the two Unions before leaving Ireland or in the case of hosting before the match is played.

When visitors being billeted

Establish with visiting group what will be required / involved regarding the visit, accommodation and other requirements.

Only members from the host club to be approached regarding accommodation requirements.

Meet with interested parties (hosts) to discuss requirements; suitability (Club Child Welfare Policy to apply), duration and conditions / protocol for billeting.

Publish a list with information and contact details of the host families.

Where possible ensure visiting players stays with their opposite numbers from the host club.

Limit the number of nights' accommodation that will be required.

Arrange most of the activities / function at the club to ensure involvement for all.

Inform all involved, regarding Club policy on age grade players and their safety.

Have a plan available in case of an emergency.

■ Photographic Equipments & Mobile Phones

Use of Photographic / Video equipment

With the increased use of technology (video or photographic) in rugby it is now important for clubs to adopt a policy in relation to the use of these images of their players. The use of these images on websites and publications has raised concerns about the risks posed directly and indirectly to children and young people.

Clubs should consider the following when using images of young players

Establish a policy regarding filming and or photographing of players.

Ensure parental / guardian agreement for the use of images / photographs.

Ensure consent / approval / accreditation is given prior to the event.

Establish what type of images/photographs will be allowed to ensure suitability.

Establish what information will accompany these photographs / images, ensure players are not identified by name.

Encourage the use of group photographs, identifying the club rather than the individual.

Mobile Phones

Most children make use of a mobile phone. This has become an area where clubs need to establish a protocol to ensure their members will not be at risk.

Considerations

Establish a club protocol regarding the use of mobile phones (calls / text) by players and adults as a mode of communication regarding club matters for events or matches.

Encourage the use of group texting among players and parents to inform them of activities and matches.

Avoid constant communication with individual players – liaise with parents / guardian on matters.

Have a policy regarding the use of phones (camera / video phones) in certain locations of the club (e.g. changing room / toilets).

Ensure phones are not being used as a form of Bullying (refer to section on Bullying).

Establish a protocol in the event of offensive content being distributed or found on a club member's mobile phone.

Age grade players should be advised as follows

If you receive an offensive photo, email or message, do not reply, save it, make a note of times and dates and tell a parent or the Child Welfare Officer within the club.

Be careful about who you give your number to and do not respond to unfamiliar numbers.

Change your phone number in cases of bullying or harassment.

Avoid using your phone in certain locations - inappropriate use of your camera phone may cause upset or offence to another person, e.g. in the changing rooms.

Treat your phone as you would any other valuable item so that you guard against theft.

Adult / Player Ratio

Staffing ratios are difficult to prescribe as they will vary according to activity, location and resources. It is important to ensure that there are enough people to be able to cope with the number of children participating in any activity and adequately respond to an emergency.

As a guide, a ratio of 1:10 should be considered as a minimum requirement where players are 11 years of age or older. For younger players or situations involving travel, the ratio should increase depending on the requirements or the activity the group will be involved in.

Considerations

Age and gender of the group.

Where girls are involved ensure a mix of male and female adults.

Type of activity (training, traveling or social) to be undertaken.

Time involved.

Experience of the adults (coaches, managers and helpers/assistants) involved.

Previous experience with group or club and likely behaviour.

Legal requirements.

Location of activity or event and type of travel involved.

Suitability of the adults.

Ensure

Players are never left unattended.

Adequate numbers of coaches / helpers are available to supervise all activities.

Coaches and managers know at all times where the players are & what they are doing.

Dangerous behaviour should not be tolerated at any stage.

Ensure the respect for the privacy of all young people in changing rooms, showers and toilets.

All participants are informed beforehand of what behavior will be accepted and not accepted from them.

Those who are operating in a supervisory role should have access to adequate first aid material as well as all important local phone numbers such as doctor, dentist, parental phone numbers for players, An Garda Siochana, PSNI and ambulance.

The Club-House

Inform age grade players of the areas in the club house allocated to them.

Inform players of the times they will be allowed in the bar area of the club and what areas will be off limit to them.

Ensure all facilities are safe and up to the required standards.

Ensure there are sufficient facilities for the number of participants.

Club policy regarding alcohol and age grade players must be clear and visible to all members and visitors to the club.

All age grade activities at the club must be supervised by adult members of the club at all times.

Ensure there are sufficient medical facilities and equipment.

The Changing Rooms

Should always be sufficient and clean.

Clubs to have a policy regarding changing rooms and the supervision of players in the change rooms.

There should be sufficient separate changing facilities if teams consist of boys and girls (Mini Rugby).

In the event of mixed teams a female adult to supervise the changing area for girls.

Playing and Training areas

Ensure

The playing and training area(s) are clean, safe and ready before use.

All equipment needed is clean, safe and of the standard required.

Vehicle access all times to the training or playing area.

Each team knows where their designated playing/training area is.

All activities to be safe and appropriate to the age group.

All activities are supervised at all times by members of the club.

Safety Practices

Safe management practices will not only enable a club to run smoothly and efficiently, but it will also help to minimize opportunities for accidents or harm to happen to children.

Participants

Have defined criteria for membership of the club.

Have a registration system for all players.

Keep a record on each player regarding medical details and needs as well as all contact numbers.

Ensure that all activities are properly supervised.

Personal Insurance

The IRFU insurance covers basic injury and all registered players are covered. It is strongly recommended for players, in addition, to have personal accident insurance cover.

Coaches and Helpers

Have a clear policy on player/adult ratio for the club.

Have a clear policy for recruitment and procedures of all volunteers.

Have a clear title and area of responsibility for each volunteer.

Ensure coaches and helpers attend coaching courses.

Facilities

Ensure

All buildings used are safe and of the required standard.

That there is at all times sufficient heating and ventilation.

Toilets, shower areas and washing facilities are up to standard.

That fire precautions are in place and that all members are aware of it.

That first aid facilities and equipment are adequate.

Access at all times to a phone.

Equipment is checked regularly and up to standard.

Insurance cover is adequate.

Players and activities

Ensure

Players are never left un-supervised.

Adequate numbers of coaches/ helpers are available to supervise all activities.

Coaches and managers know at all times where the players are and what they are doing.

Dangerous behaviour is not allowed at any stage.

Before a training session starts

Ensure

Playing area and equipment is safe and free from any dangers.

Vehicle access to the playing area.

A qualified first-aid person is available.

First aid equipment and or medical room is available.

Access to a telephone, or mobile phone.

An 'Incident Book' is available to those in a supervisory capacity for the purposes of recording incidents which may occur which do not necessarily qualify as accidents or injuries requiring medical attention. All serious incidents or injuries should be clearly recorded, describing what happened, the circumstances, who was involved, and how the situation was resolved.

If an Accident / Incident occurs

Assess the situation and alert appropriate medical support if required.

For Minor injuries

Ensure only appropriately-qualified First Aid personnel assist the injured person.

Never give medication or drugs of any kind without professional / suitably qualified support.

Always inform parents / guardians of the incident and actions taken as soon as possible.

For Serious injuries

When injured player cannot be moved, take other participants away and ensure they are supervised.

If in doubt, send immediately for an ambulance. Do not move or touch the injured player unnecessarily. Keep the injured player warm and ensure the player has a clear air-way. Stay with the player until the qualified medical person(s) arrive.

Ensure access to the playing area for emergency vehicles.

Inform the parents / guardian of the injured player.

Implement the accident reporting procedures/policies of the club.

First Aid equipment

Bags and / or boxes should be made from suitable materials designed to protect the contents therein and should be clearly marked.

Contents should only contain items which first-aid persons have been trained to use.

There should be sufficient quantities of the items available at all times and check the bag regularly to ensure the contents are not out of date.

The use of all equipment, medications, bandages etc. should always be directed or supervised by a suitably qualified person.

Advanced First-Aid equipment, e.g. Defibrillator machine, must be maintained in good working order and only ever utilised by trained personnel.

07 **Travelling with Age Grade Players**

Traveling to and from venues is part of fulfilling fixtures. In order to ensure the safety of all involved clubs must ensure that suitable policies and procedures are in place.

To put players and parents at ease, organisers should ensure all arrangements are in place and communicated to all involved before the event. Parents should be informed of the mode of transport as well as drivers / Bus Company involved.

Considerations

Ensure all arrangements are suitable for the journey to be undertaken.

Vehicles must be roadworthy and appropriate and the driver to understand that he/she is responsible for the vehicle during the trip.

Ensure parental consent is obtained prior to journeys being undertaken.

All journeys to take place under the supervision of the team management.

Bus / Coach hire

When renting, make sure you deal with a reputable company.

Make sure the vehicle is suitable and equipped with appropriate safety features e.g. seatbelts.

Passenger cars

Although this is the most frequently used option it is important to ensure that the safety of all players are not jeopardised at any stage.

Prior to the trip, parents should be informed if this form of transport will be used and consent obtained for their child to travel this way.

Vehicles must be roadworthy, safe and have appropriate insurance cover.

Drivers must have a suitable drivers licence.

All passengers must use seat belts for the duration of the journey.

All drivers are responsible for the safety of the passengers and must be aware of their legal responsibilities.

Club members or parents should be asked to be involved if this mode of transport is used.

One passenger per seat at all times.

Inform parents of the time of departures as well as estimated time of arrival.

Publish a list of drivers / vehicles involved and their contact details to players and their parents/guardians.

Air travel

Group travel together at all times & not to be split up.

Players to be informed of legal requirements and behaviour appropriate for air travel.

Assist and guide all players through security and passport control when required.

Adult player ratio to be sufficient to assist and deal with emergency situations.

Adults to ensure all players are on board and in their seats before occupying their own seats.

Ensure players know position of the nearest adult in group and as well as emergency exits.

In the event of delays or cancellation the management and adults will be responsible for the well being of players.

Sea travel

Ensure all players know what freedom/liberties they will have while at sea.

No player to be allowed on deck without supervision.

All players to be under supervision at all times.

Discuss emergency arrangements with players prior to departure.

Discipline to be maintained at all times.

Assist and guide all players through security and passport control, if required.

Ensure players have enough to keep them busy and avoid boredom.

When going on Tour (IRB regulation 15 to apply)

Meet with players and their parents to discuss plans and conditions for the tour.

Clarify the conditions (duration, mode of travel and accommodation, adult / player ratio for supervision, medical and insurance) of the tour before application being submitted.

Establish a plan in the event of an emergency.

Written consent by the parents/ guardians for players to go on the tour.

Written application to the Club Executive, Branch and IRFU for permission for the tour at least one month before the planned trip.

The following information should be supplied

Matches scheduled for the tour.

Number of players and management to travel as part of the tour.

Proposed financial arrangements.

Code of Conduct for the tour party.

Details of insurance, medical & travel agent involved.

Written approval of the Union (to be visited) has been sought or been given.

Written consents must have been exchanged between the two Unions before leaving Ireland or in the case of hosting, before the match is played. A brief report on the tour should be presented to the Club Committee and to parents of the players on tour within one month of the last match.

Overnight Stays Accommodation Hotels / Hostels

Ensure accommodation and arrangements are appropriate to the age group involved.

Inform parents / guardians of room list and supervision arrangements prior to departure.

Inform all members of the squad and management of the policy and/or restrictions regarding billing items to rooms.

Be aware of individual dietary requirements, food allergies etc of traveling party.

Establish clear policy regarding movement of individuals outside of the hotel, trips into town/city etc.

Emphasise the “ambassador” role of the squad in maintaining a positive image of the club and the IRFU, with regard to other guests, hotel staff and property.

Billeting

If being billeted ensure consent of parents/ guardians prior to departure.

Ensure the host families are members of the club being visited.

Host club to ensure all host families have been vetted and are suitable.

Contact details of host families to be supplied to visitors prior to departure.

Volunteers & Recruitment

To ensure volunteers enjoy their contribution to rugby it is important to ensure that volunteers are appointed to roles which suit their strengths and personality. All involved should be clear of what will be expected of them regarding time, effort and commitment. Clubs are responsible for the recruiting of and the allocation of roles to volunteers and positions and areas of responsibility should be identified, clear and available.

Recruitment

Most volunteers are driven by their desire to put something back into rugby therefore it is important when recruiting to ensure that all understand the club's policy regarding volunteers and their involvement in the game.

Considerations

Clubs to have a written policy and procedure for the recruitment of volunteers.

Recruitment policy and procedures to be available to all interested parties e.g. candidates, parents and visitors.

Establish a clear title and job description for each of the positions.

If possible, recruit male and female volunteers in equal numbers.

Select people with appropriate skills and experience.

Establish a process which will enable you to ensure candidates' suitability.

Training should be provided for all newly-recruited personnel e.g. courses for coaches, referees and training to work with young people.

Ensure vacancies are open to all interested parties.

Meet with applicants. This may be done through an individual discussion with a member of the Management. All candidates to agree to IRFU policies and requirements

regarding Child Welfare.

The decision to appoint staff or volunteers is the responsibility of the club and not one individual within it. Good practice in management and supervision of volunteers after appointment is as important as establishing recruitment policies and procedures. The club management committee is responsible for all activities in the club including age grade activities and therefore must ensure policies and procedures are set and adhered to.

Roles & Responsibilities Identified Chairman

Chairs meetings and ensures that the committee fulfils its function within the Club, Branch and operates within IRFU policies.

Attends meetings in a neutral and impartial capacity.

Ensures meetings run to the agenda and that all matters are dealt with, fairly, thoroughly and according to procedures.

Should not make decisions on his own without consultation with the Committee or Club Executive.

Works in close liaison with the Youth and Mini Committees; Executive Committee and Club Secretary.

Ensures that the agenda for meetings is in line with the Club, Area, Branch and IRFU policies.

Secretary

Acts mainly as the administration officer and serve as a link between members and committees.

Serves as first point of contact with outside agencies.

Informs members of meetings and agenda for these meetings.

Is responsible for the accurate record keeping of the minutes from meetings.

Works in close relationship with the Chairman; members and committees.

Ensures procedures are followed.

Registrar

Acts as administration officer on all registration matters.

Ensures all registration forms are completed, verified and submitted correctly.

Responsible for the distribution of registration cards to members.

Serves as reference point on all matters regarding registration.

Reports to the Committee on all registration matters.

Works with the Branch Registrar.

Fixture Secretaries (Youth & Mini Rugby should have separate Fixture Secretaries)

Ensures that the fixtures are completed on time and in a fair manner.

Identifies trends and areas of concern regarding completion of fixtures.

Acts as point of reference on matters regarding the fixtures / competitions of the teams.

Reports to the club and teams regarding fixtures and competitions.

Liaises with teams, coaches and managers involved, regarding details e.g. date, venue and kick-off of fixture(s).

Liaises with Branch Youth Committee regarding fixtures and competitions.

Ensures that protocols regarding fixtures and competitions are adhered to.
Liaises with Club Management Committee

regarding fixtures and other requirements to host matches.

Liaises with Referees Association for match officials.

Informs match officials and Branch Referees' Association of cancellations and or postponements.

Informs Branch Fixture Secretary of results, cancellations or postponements. Collects all the results for matches and informs Youth, Mini and Club Management Committees of developments.

Youth Co-ordinator

Acts as link between the Club Executive and Age Grade section.

Attends meetings on behalf of the Club Age Grade Rugby.

Ensures that all information relevant to all age grade rugby is circulated to volunteers, clubs and Branch.

Ensures all information circulated is correct and reaches the relevant people.

Ensures awareness of all Union, Branch and Club policies and that these are adhered to.

Ensures that all volunteers and age grade players are aware of all procedures and adhere to the procedures.

Reports to Area Youth Committee on all matters regarding the age grade rugby in his club.

Should not make decisions without consultation with the Youth Committee or Club Executive

Mini Rugby Representative

Reports on all matters relating to Mini Rugby in the club.

Ensures that all official policies and developments relating to mini rugby are adhered to.

Ensures that mini rugby matters are dealt with sufficiently and according to procedures.

Acts as link between the Youth Committee & Mini Rugby. Ensures that all information reported on regarding mini rugby matters is correct.

Should not make decisions without consulting the Mini Rugby Committee, Youth Committee or Club Executive.

Represents Club at Area meetings.

Branch Youth Committee Member

Represents Area Youth Committee at Branch meetings.

Acts as a link between Area Committee and Branch on all youth matters.

Ensures all information reported on is correct and relevant.

Should not make decisions without consultation with the Area Youth Committee, Branch Committee.

Ensures that all official policies are adhered.

Ensures that the correct communication procedures are followed.

Area Representative(s)

Acts as link between the Branch committee & the Area.

Ensures that all information circulated between clubs (in the area) and Branch is correct.

Ensures the awareness of all Union and Branch policies and that these policies are adhered to.

Ensures that information is circulated to all clubs in the area.

Ensures that all clubs in the area are aware of all procedures and adhere to these procedures.

Reports to Branch youth committee on all matters regarding the area.

Should not make decisions without consultation with the Area or Branch Committee, Branch Rugby Department or Branch Secretary.

Coaches

Responsible for selecting and preparing teams for matches. Plans and prepares for training sessions and activities.

Ensures all players get equal opportunity to take part in club/team activities.

Sets the right example for players on and off the field.

Educates players in the ethos of rugby and the values of being a true sportsman. Acts fairly in the treatment of all players.

Works closely with the club Youth or Mini coordinators.

Conforms to all club and IRFU Child Welfare Policies.

Attains relevant coaching qualifications.

Ensures all activities are safe & supervised at all times.

Manager, Team Helper or Assistants

Assists the team with administration & organisational duties.

Liaises with the team and coaches regarding requirements for matches.

Assists with the supervision of players. Works closely with club Youth and Mini Coordinators ensuring all club policies are adhered to.

Communicates all information regarding the club and or fixtures to the team and coaches.

Ensures all club and IRFU policies regarding Child Welfare are adhered to.

09 Reporting Abuse

¹ See also Section 5 in the Code of Ethics & Good Practice for Children's Sport.

Reporting Abuse

Should an age-grade player be at risk of harm, it is the duty of those in a position of responsibility to take the necessary steps to remove the risk and to ensure that all procedures are undergone in accordance with statutory guidelines.

Leaders should be aware of the signs & ¹types of abuse with the following points being central to the success of this effort

Knowledge of the behavioural and physical indicators.

Knowledge of the appropriate action and response to be taken.

Vigilance and avoidance of all situations conducive to risk;

Open, trusting & cooperative relationships within the Club and with parents / guardians and others concerned with children's welfare.

Categories of Abuse

Physical Abuse

Is any form of non-accidental injury that causes significant harm to a child, it also occurs when an adult gives children alcohol or inappropriate drugs or fails to supervise their access to these substances.

Child Neglect

Neglect is normally defined in terms of omission, where a child suffers significant harm or impairment of development by being deprived of food, clothing, warmth, hygiene, intellectual stimulation, supervision and safety, attachment to affection from adults or medical care. It may also include neglect of a child's basics emotional needs.

Neglect generally becomes apparent in different ways over a period of time rather than at one specific point. For instance, a child who suffers a series of minor injuries is not having his or her needs for supervision and safety met. The threshold of significant harm is reached when the child's needs

are neglected to the extent that his or her well being and or development are severely affected.

Emotional Abuse

Is normally to be found in the relationship between an adult and a child rather than in a specific event or pattern of events. It occurs when a child's need for affection, approval, consistency and security are not met. It is rarely manifested in terms of physical symptoms.

Sexual Abuse

Occurs when a child is used by another person for his or her gratification or sexual arousal or for that of others.

It may include non-contact activities, such as involving children in looking at pornographic material or watching sexual activities, or encouraging children to behave in sexual inappropriate ways.

Reporting Procedures for Child Abuse

Remember that reporting suspected child abuse in good faith is not the same as making an accusation of abuse i.e. **reporting does not mean accusing.**

Responsibility for the investigation of child abuse cases suspected or otherwise, lies with **the Health Boards and the Statutory Authorities.**

Clubs or Branches should not carry out their own internal investigations into cases where child abuse is suspected.

Any person who knows or suspects that a child is being harmed or is at risk of being harmed has a duty to convey his/her concern to the Local Health Authority.

It may be appropriate for a person to discuss concerns they have with another person in the club e.g. Club Children's Officer, or should the concern relate to this person, then the Branch Children's Officer - it is advisable that all inquiries are made directly to the local Health Board.

The type of discussions referred to above would most likely happen in cases where no specific allegation of child abuse has been made, but the concern is based on emotional behaviour and/or physical indications of a particular child

Within a school, concerns relating to child abuse must be reported immediately to the Headmaster / Principal.

In cases where an allegation has been made, then the matter should be reported immediately to the relevant Statutory Authorities and the National Child Protection Officer

Should there be an allegation against a club member – the Club Children’s Officer must be informed so that suspension of the person against whom the allegations have been made, from activities which involve age-grade players, may be carried out until the conclusion of an investigation by the Statutory Authorities.

All concerns and allegations made should be carefully recorded and ensure confidentiality is maintained at all stages.

In the case of a suspension, the official being suspended should be formally notified by senior personnel within the Club or Branch.

A Leader against whom an allegation of abuse has been made should be informed that this is not an accusation and that the procedures being undertaken are in accordance with statutory guidelines. He or she should be assured that all information will be dealt with in a sensitive and confidential manner within the Club or Branch.

The Leader should be made aware of the general nature of any allegations made against him/her (except in the case of child sexual abuse allegations) and of any allegation being made known to the Statutory Authorities.

The Leader concerned should be afforded the opportunity to present a formal response to the allegation to senior personnel in the Club or Branch. From this point onwards the matter should only be dealt with by the Statutory Authorities.

In the case of an allegation of child sexual abuse, it will be necessary to withhold the name of the child and the precise details of the allegation, in the interest of confidentiality and child protection. Where possible inform the parents/guardians of the child unless in doing so the child will be further endangered.

Response to a Child Reporting

Deal with any allegation of abuse in a sensitive and competent manner through listening to and facilitating the child to tell about the problem.

Stay calm and do not show any extreme reaction to what the child is saying and take it seriously.

Permit the child to speak without interruption, accepting what is said.

Reassure the child that he/she was right to tell, and that he/she will be helped.

Alleviate feeling of guilt and isolation, while passing no judgement on the person against whom the allegation is made.

False promises should not be made such as saying no-one else will be told.

Indicate what should happen next, such as informing parents, club children’s officer reporting to statutory authority etc.

Any and all consultations with others should be entirely confidential and should not involve investigative procedures.

Write a detailed account of any discussion regarding alleged or suspected abuse, as soon as possible after the discussion has taken place.

Send the details to the local Health Board and the IRFU Child Protection Officer.

Do not trivialise child abuse issues or trivialise or exaggerate what the child has told you.

Key Points

Should you witness or receive information that leads you to believe that a serious breach of this Document has occurred, you are required to bring the matter to the attention of the relevant management body, be it Club, Branch or Union. No further action is to be taken on your part, and no information is to be provided to others, save as provided below.

If you have evidence of an illegal activity that directly relates to the Game, you are obliged to inform the Gardai or PSNI as appropriate and you should notify the Branch and the I.R.F.U. of that fact.

You are not to discuss the matter with persons not already involved except with the express permission of the investigating authorities.

You are required to give every assistance possible to the Gardai, or PSNI or to the appropriate Committee of the IRFU in the investigation of the matter, and to assist with any necessary steps being taken by them in relation to the matter.





■ Codes of Conduct

- 01 Players
- 02 Coaches
- 03 Parents
- 04 Spectators
- 05 Referees

01 Code of Conduct for Players

- 1**
Play for enjoyment and become part of the rugby family.
- 2**
Respect the “Game of Rugby” and play within the Laws of the Game.
- 3**
Accept the referee’s decision and let your captain or coach ask any relevant questions.
- 4**
Play with control. Do not lose your temper.
- 5**
Always do your best and be committed to the game, your team and your club.
- 6**
Be a “good sport”. Applaud all good play whether by your team or the opposition.
- 7**
Respect your opponent. Treat all players as you would like to be treated. Do not “bully” or take advantage of any player.
- 8**
Rugby is a team sport and make sure you co-operate with your coach; team mates and members of your club.
- 9**
Remember that the goals of the game are to have fun, improve your skills and feel good.
- 10**
At the end of the match thank your opponents and the referee for the match.
- 11**
Always remember that you owe a duty of care to your opponents. Tackle hard but fairly, do not intend to hurt your opponent.
- 12**
Winning and losing is part of sport: Win with humility – lose with dignity.
- 13**
As part of the team it is important that you attend training regularly and listen to your coach and help your team.
- 14**
As a team sport it is important to understand that all members are important to the team!
- 15**
Remember you are representing your team, club, family and the Game of Rugby.

02

Code of Conduct for Coaches

1

Remember that as a coach of an “age-grade team” you are acting “in loco parentis” and that you have a duty of care to all your players.

2

Lead by example - young people need a coach they can respect as a Role Model.

3

Be generous with your praise and never ridicule, shout at players for making mistakes or losing a match.

4

Teach your players that the Laws of the Game are mutual agreements which no one should evade or break.

5

Ensure that you are appropriately qualified by gaining the relevant coaching accreditation for your particular level.

6

Be reasonable in your demands on the players’ time, energy and enthusiasm.

7

Encourage respect for all participants – team mates and opponents, as well as match officials.

8

Create a safe and enjoyable environment in which to train and play.

9

Always follow professional medical advice in determining when an injured player is ready to play again.

10

Develop policies for your club / team to agree procedures regarding discipline, injury prevention & treatment, team selection etc.

11

Be responsible and ensure you uphold the ethos of the game and the IRFU.

12

Support the IRFU Child Welfare Policy and all policies regarding Children in Sport.

■ Code of Conduct for Parents

1

Remember, young people play rugby for their enjoyment, not only yours.

2

Encourage your child always to play by the Laws of the Game.

3

Teach young children that honest endeavour is as important as winning, so that the result of each game is accepted without disappointment.

4

Help young people to work towards skill improvement and good sportsmanship.

5

Set a good example by applauding good play on both sides.

6

Never ridicule, humiliate or shout at young players for making a mistake or losing a match.

7

Do not place emphasis on winning at all costs.

8

Do not force an unwilling child to participate in the playing of rugby. If the child is to play, he/she will do so in good time through your encouragement.

9

Support all efforts to remove verbal & physical abuse from rugby.

10

As a spectator do not use profane language or harass referees, coaches or players.

11

Do not publicly question the referee's judgement and never their honesty.

12

Recognise the value and importance of volunteer referees and coaches.

13

Identify and acknowledge the good qualities of the Game of Rugby and uphold these values.

14

Remember you and your child's contribution to the Game of Rugby is very important to the IRFU and be proud of your contribution.

15

Understand the value of team sport and its importance.

04 Code of Conduct for Spectators

- 1**
Remember that although young people play organised rugby they are not "miniature internationals".
- 2**
Be on your best behaviour and lead by example. Do not use profane language or harass referees, players or coaches.
- 3**
Applaud good play by the visiting team as well as your own.
- 4**
Show respect for your team's opponents. Without them there would not be a match.
- 5**
Condemn the use of violence in all forms at every opportunity.
- 6**
Verbal abuse of players or referees cannot be accepted in any shape or form.
- 7**
Players or referees are not fair targets for ignorant behaviour.
- 8**
Encourage young players to play by the Laws of the Game.
- 9**
Spectators can contribute to the enjoyment of the event and all involved.
- 10**
Be proud of your club and the Game of Rugby.

■ Conduct for Referees

- 1**
Respect the rights, dignity and worth of every child and treat everyone equally, regardless of gender, disability, ethnic origin, religion, etc.
- 2**
All referees must be a member of their Branch Referees Association.
- 3**
Act as a role model and promote the positive aspects of rugby and maintain the highest standards of personal conduct.
- 4**
Be responsible for monitoring the boundaries between a working relationship and friendship with players.
- 5**
Avoid being alone with underage persons.
- 6**
Never deal with injuries unless qualified to do so.
- 7**
Encourage coaches/parents to act responsibly and to be responsible for the behaviour and performance of players.
- 8**
Ensure that safety is paramount in all games.
- 9**
Follow agreed protocols regarding shower arrangements after matches.
- 10**
Agree appropriate times for entry to changing rooms to deal with match preparation and ensure members of the team management are present.
- 11**
Be punctual, prepared and well presented.
- 12**
Ensure players and officials comply with the Laws of the Game.
- 13**
Never criticise individual players and or coaches or parents.
- 14**
Adhere to all rules and procedures as agreed by the Branch Referees Association



Irish Rugby Football Union

10-12 Lansdowne Road,
Ballsbridge,
Dublin 4.
T 01-647 3800
F 01-647 3801
E info@irfu.ie
www.irishrugby.ie

The Connacht Branch IRFU

Galway Sportsground,
College Road,
Galway.
T 091-561 568
F 091-560 097
E eoin@cbirfu.com
www.connachtrugby.ie

The Leinster Branch IRFU

55 Main Street,
Donnybrook, Dublin 4.
T 01-269 3224
F 01-269 3142
E information@leinsterrugby.ie
www.leinsterrugby.ie

The Munster Branch IRFU

Musgrave Park,
Pearse Road,
Ballyphehane,
Co. Cork.
T 021-432 3563
F 021-432 3956
E info@munsterrugby.ie
www.munsterrugby.ie

The Ulster Branch IRFU

Ravenhill Grounds,
85 Ravenhill Park,
Belfast, BT6 0DG.
T 028-90 493 111
F 028-90 491 522
E reception@ulsterrugby.com
www.ulsterrugby.com

